Given the recent rise in Covid-19 cases in Franklin County, the Board Members of St Mary Coptic Orthodox Church have unanimously agreed to <u>remind and reinstate</u> some important health safety guidelines to help minimize the spread of the virus among its congregants. Please remember that this applies to both vaccinated and unvaccinated individuals:

- 1. <u>If you have any symptoms of Covid-19 as listed below, please do not come to the church</u>. Consult your physician for appropriate testing and/or quarantine recommendations
  - a. Fever or chills
  - b. Cough, shortness of breath or difficulty breathing
  - c. Fatigue
  - d. Muscle or body aches
  - e. Headache
  - f. New loss of taste and/or smell
  - g. Sore throat
  - h. Runny or congested nose
  - i. Nausea, vomiting, diarrhea
- 2. <u>Everyone 2 years or older is required to wear a mask at all times in the church building.</u> Please ensure that the mask is appropriately covering your nose and mouth at all times. Masks will be provided at the entry of the church.
- 3. <u>Keeping your hands clean</u> helps prevent transmission of the virus. Please use hand sanitizer located at church entrance, and wash your hands to help protect yourself and others from getting sick.
- 4. As best as possible, try to <u>distance yourself 6 feet</u> from fellow congregants or keep interactions as brief as possible. Family members of the same household are requested to stay together in the same pew.

Thank you for your cooperation